

# *Journey through the Forest*

## February 15-18, 2018

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Special needs? \_\_\_\_\_

Check one of the following:

- I wish to pay the deposit of \$50
- I wish to pay in full- \$295
- I wish to make a donation for scholarships
- Total

Check one of the following:

- Check is enclosed (make check payable to: **Siena Retreat Center**).
- I wish to pay by credit card

Visa     Mastercard     Discover

Card # \_\_\_\_\_

Security Code\* \_\_\_\_\_

Exp. Date: \_\_\_\_\_

Signature: \_\_\_\_\_

\* found on back of card

Mail to:  
Siena Retreat Center, 5637 Erie St., Racine, WI 53402

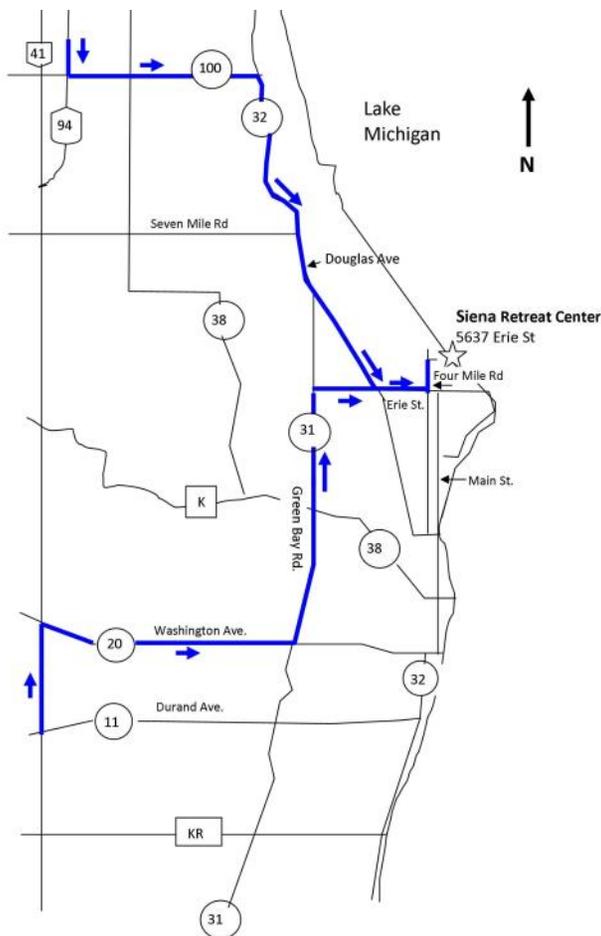
### From Milwaukee Area:

Exit I-94 at Hwy 100 (Ryan Road); LEFT on Hwy 100 to Hwy 32 (4.4 mi); RIGHT on Hwy 32 to Four Mile Road (6.5 mi. along Hwy 32); LEFT on Four Mile Road to Erie Street (1.1 mi). Turn LEFT on Erie Street to SIENA CENTER (0.7 mi). Driveway on right.

### From Chicago Area:

Exit I-94 at Hwy 20; RIGHT (east) on Hwy 20 to Hwy 31 (5.4 mi); LEFT on Hwy 31 to Four Mile Road (4.6 mi). Four Mile Road is at the stop light just after you cross a bridge. Turn RIGHT on Four Mile Road to Erie Street (3 mi); LEFT on Erie Street to SIENA CENTER (0.7 mi). Driveway on right.

You may also want to check on the I-94 website for the latest construction updates: [www.plan94.org](http://www.plan94.org)



# *Journey through the Forest:*

## *the Forest:*

### A Women's Reflective Writing Retreat

*with Mary Kay Shanley & Diane Douiyssi*

## February 15– 18, 2018



Siena Retreat Center  
5637 Erie Street, Racine, WI 53402  
262-898-2590

[www.sienaretreatcenter.org](http://www.sienaretreatcenter.org)

# *Journey through the Forest:*

## **A Women's Reflective Writing Retreat**

*If a story is in you,  
It has got to come out.*

—William Faulkner

Visualize yourself with other vibrant women tending their souls, responding to a call to pursue reflective writing as an entrance into the deeper self. Trust yourself, embrace your spirit, experience the treasure of expression waiting to emerge. And if you wish, consider possibilities — essays, poems, stories for you alone, or to share with others. Either is rich, worthy. This journey with other women equally intent on using writing as a pathway to greater discovery, celebration of purpose and direction in their own lives will become a gift.

Themes for the days are:

- Thursday: Deep in the Woods
- Friday: Light Through the Canopy
- Saturday: Finding Your Pathway
- Sunday: Stepping into the Clearing

### **Thursday, February 15, to Sunday, February 18, 2018**

The retreat begins at 7:00pm on Thursday and concludes with the noon meal on Sunday.

Cost of \$295 includes overnight \$50 non-refundable deposit, overnight accommodations, and meals.

Extend your retreat to have a little private time before or after the retreat. Cost depends on numbers of overnights and meals. Wednesday overnight and all Thursday meals would be an extra \$78. There will be limited opportunity for massage and reiki on Thursday afternoon.



Co-facilitator Mary Kay Shanley has offered reflective writing retreats with Sr. Joyce Rupp since 2010. An author, she also teaches at the University of Iowa and at a women's prison.



Co-facilitator Diane Douiyssi has published personal essays and professional articles. She is a writing coach and mentor and leads writing presentations and workshops.



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